



# HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
(507) 281-2791  
[www.hermitagefarm.org](http://www.hermitagefarm.org)

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## **Spring Forest Qigong Level II** **September 7, 2012 Part A: 5:00 PM-9:00 PM** **September 29, 2012 Part B: 9:00 AM-5:00 PM**

Spring Forest Qigong Level II Workshop is available to those who have completed Spring Forest Qigong Level I.

In this workshop, participants will learn how to increase their own internal energy and scan the body to find energy blockages, which are believed to be the root of sickness or disease in the body. You'll learn additional active meditation exercises, the fundamental healing process, healing techniques, and the 5 energy systems & colors related to those systems. Issues related to blockages in those systems will be taught and techniques for assisting others in healing blockages will be shared. Students will also learn healing for specific physiology and conditions of the body.

Prerequisite: Successful completion of SFQ Level I.

To help ensure that you get the most out of this course, please wear comfortable clothing to class and avoid wearing scented lotion, perfume, and/or cologne.

### **Presenter:**

Colleáyn Klaibourne is a Spring Forest Qigong Master Healer and has spent two decades helping individuals and animals in her private healing practice, Qigong classes, & Wellness Group. She is a Medical Intuitive, Certified level 1 & 2 Spring Forest Qigong Instructor, Spiritual Mentor, & Artist. She is passionate about health & healing and helping others create profound changes in their lives. For more information on Colleáyn and the services she provides, please visit [www.Qigong.ckgalleria.com](http://www.Qigong.ckgalleria.com)

\*\*\*\*\*REGISTRATION\*\*\*\*\*

**September 7<sup>th</sup> & 29<sup>th</sup>, 2012**

**Name** \_\_\_\_\_ **Email** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Cost \$225 Includes Spring Forest Qigong Level 2 Manual**

Send check to:

Hermitage Farm Center for Healing

6415 West River Road NW, Rochester, MN 55901

Please call Hermitage Farm at 507-281-2791 for any questions