

Presents a Series of Courses for 2012

## Native American Culture Immersion Experience

Presenter: Lisa Van Getson

Come and Experience this NEW Series of an Immersion into the Native American Culture. Learn about the culture, play the flute and drum, make a Dream Catcher and Native Drum. Travel to the historical land of Pipestone, MN...the land of where the Sacred Pipestone is quarried from the land to make Sacred Peace Pipes.

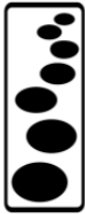


### Series:

January 21:	9:00 AM-Noon Lunch provided: Noon-4:00 PM	Native American Culture Buffalo Stew Dream Catcher Workshop
February 3:	7:00-9:00 PM	Teachings about the Medicine Wheel
March 9:	6:00-9:00 PM	Flute and Drumming Circle
April 21:	9:00 AM-4:00 PM	Native American Ceremony: <i>Vision Quest, Sweat Lodge, and Sacred Pipe Ceremony</i>
May 5:	8:00 AM-9:00 PM	Immersion Experience: <i>Travel to Pipestone Minnesota</i>
May 19:	Noon-4:00 PM 4:00 PM-6:00 PM	Drum Making Workshop Fire Ceremony

Total Cost for Immersion Course: \$625 (includes lunch, dream catcher, travel to Pipestone, lectures and drum )  
This includes 36 hours of course time. Space is limited to 10 participants.

**Required Text:** The Pipe and Christ by William Stolzman  
ISBN 1-877976-00-8 (students purchase own text)



# HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
(507) 281-2791  
[www.hermitagefarm.org](http://www.hermitagefarm.org)

---

## Course Description:

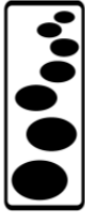


*Native American Culture & Dream Catcher Workshop:* Explore how the culture of Native American's is a "Way of Life" and not a particular spirituality. Living and being connected to Mother Earth is the spiritual way. Learn how animals, plants and humans are all one. Create your own Dream Catcher and learn about the teachings from this traditional symbol.

## Teachings about the Medicine Wheel:

The Sacred Hoop or Medicine Wheel is a sacred symbol that represents the Circle of Life. In the tradition, Medicine refers to the way of life: the four sacred directions. This Medicine helps us to seek harmony and balance among these four directions. Learn about the Wheel and experience a pray of the four directions.





# HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
(507) 281-2791  
[www.hermitagefarm.org](http://www.hermitagefarm.org)

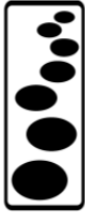
---

Flute and Drumming Circle: Join in an evening of playing a Native American Flute and experiencing the Buffalo Drum. Experience the drum and heartbeat of Mother Earth in a prayerful healing ceremony.



Native American Ceremony: *Vision Quest, Sweat Lodge And Sacred Pipe Ceremony:* The Vision Quest is a ceremony where one goes to a hill and 'cries for a dream or vision' to the Great Spirit. The Sweat Lodge is known as a purification ceremony. The Sacred Pipe, gifted to the Native people from the Buffalo Calf Woman is a sacred ceremony shared to prayer for peace and harmony. This class will experience a Sacred Pipe Ceremony.





# HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
(507) 281-2791  
[www.hermitagefarm.org](http://www.hermitagefarm.org)

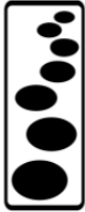
---

Immersion Experience: *Travel to Pipestone Minnesota*: Experience the Native history at the Pipestone National Monument. Observe a live demonstration of pipe makers and native crafts. Walk the sacred land and see the sacred pipestone quarries where stone is used to make ceremonial sacred pipes. Join in the Prayer of the Four Directions while listening to the sounds of the Native flute and drum.



Drum Making Workshop and Fire Ceremony: During this final class, you will make and decorate your own Native Drum. We will conclude with a Fire Ceremony, prayer and drumming.





**HERMITAGE FARM**  
CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
(507) 281-2791  
[www.hermitagefarm.org](http://www.hermitagefarm.org)

---

**Presenter:** Lisa Van Getson, founder of Hermitage Farm Center for Healing is rooted in the Cherokee Native American tradition. She has studied and experienced many ceremonies and believes that we are all one. Today, it is important to pass this tradition and the meaning of these sacred ceremonies forward. She is a Sacred Pipe Holder, plays the Native American Flute and drum. Learn how this culture is a way of life for many.

**\*\*\*\*\*REGISTRATION FORM\*\*\*\*\***

**Native American Culture Immersion  
Experience**

**Name** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Cost \$625**

**Mail checks payable to Hermitage Farm:  
6415 West River Road NW  
Rochester, MN 55901**