



HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 281-2791
www.hermitagefarm.org

Hermitage Retreats: Seeking Solitude, Wisdom and Discovery of Inner Metis

September 5, 19 October 10, 24 November 7: 6:00-9:00 PM
Facilitator: Lisa Van Getson, Hermitage Farm Healing Arts Practitioner



Come to the quiet to give your soul rest. Reflect on your inner wisdom and discover the deep truths which live deep inside. Discover your own inner discernment process of the questions that stir in your soul. Learn a meditative process to spiritual reflection and writing. This is a 5 part retreat process. Bring yourself and a journal.

*****REGISTRATION*****

Hermitage Retreats:

September 5th, 19th, October 10th, 24th, and November 7th, 2012

Name: _____ **Phone** _____

Email: _____

Cost: \$200

Send payment to:

**Hermitage Farm Center for Healing
6415 West River Road NW
Rochester, MN**

Please call for any questions: 507-281-2791