



HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 281-2791
www.hermitagefarm.org

Join Tammi Briggs in a Healing Harp Concert Series

Dates and Time:

July 26, 2010

October 22, 2010

January 19, 2011

April 18, 2011

All concerts begin at 7:00 p.m.

We live in a busy, fast-paced culture where stress touches each of our lives. A new, yet age-old approach to relaxation and stress reduction is harp music. Steeped in ancient healing tradition, the harp soothes, comforts, and provides healing sounds to relieve our stress and calm our jagged nerves. When the harp is played therapeutically, it promotes feelings of deep relaxation and inner peace, as well as encourages contemplation and reflection. Simply put, using harp music to manage stress is good for your health!

The harp is best known for its beautiful sound and the positive affect it has on listeners. So much so that many are surprised by the extent to which the music impacts them on a physical, emotional and spiritual level. Relaxing music can help us feel peaceful and centered, which in turn contributes to deep healing—this is the essence of the *Healing Harp Concert Series*.

Join Tami Briggs, therapeutic harpist, in concert! She will share powerful stories, heart-felt readings, as well as demonstrate the healing power of live harp music. You will leave the session in a mellow state, ready for a good night's sleep . . . guaranteed!

Please call Hermitage Farm Center for Healing to register or send a check to 6415 West River Road NW Rochester, MN 55901 (507) 281-2791

Concert Price: \$12/person in advance; \$15/person at the door; \$40/person for the series of 4 concerts