



HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 281-2791
www.hermitagefarm.org

NATURE RETREAT Saturday, June 5, 2010 10:00 a.m. – 5:00 p.m.

Join us for a day of spiritual visioning.

This outdoor retreat will be a time of personal reflection and spiritual growth.

Participants will find and create a personal sacred space on the land for private visioning.
Several times throughout the day, we will gather around the fire circle for processing,
sharing and ceremony.

Lunch will be provided.

What to Bring

- Mat, blanket, pillow
- Appropriate outdoor clothing
- Folding chair
- Journal
- Items for your personal altar

Facilitators: Lisa Van Getson, Diane Anderson, Brianne Wolf Elias

Please see the web site for individual autobiographies.

www.hermitagefarm.org

NATURE RETREAT REGISTRATION

NAME: _____ PHONE _____

E-MAIL: _____

Registration fee of \$70 should be received by May 24, 2010

Mail to: Hermitage Farm Center for Healing
6415 W. River Rd. NW
Rochester, 55901

Please call Hermitage Farm for any questions: 507-281-2791