



A Holistic Approach to Chakra Healing

This workshop will introduce the seven major energy centers of the body, called Chakras. Learn the function of each chakra as it relates to mind, body and spirit. Recognize how life experience and thought patterns can influence the function of the energy system. Practice techniques for clearing and balancing the chakras.



FOUR PART SERIES

DATES: February 23rd, March 30th, April 20th, May 10, 2010
TIME: 7:00-9:00 PM
COST: \$135
DUE DATE: February 20th.

Workshop offered by: [Lisa Van Getson](#), [Diane Anderson](#)
Please see click on the names above to link to individual bios.

REGISTRATION FORM

Holistic Approach to Chakra Healing
Feb. 23, March 30, April 20, May 10, 2010
Make checks payable to Hermitage Farm

Send To:
Hermitage Farm Center for Healing
6415 West River Road NW
Rochester, MN 55901

Name: _____

Email: _____ Phone: _____