



HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 281-2791
www.hermitagefarm.org

**Energy Medicine
Autoimmune Disease
Taking Charge of Your Health
Presented by**

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This class is for you if you suffer from Diabetes, Lupus, Artery disease, Rheumatoid Arthritis, Fibromyalgia, Asthma, Allergies, or any other Chronic Inflammatory disease. Stress is all around us and connects to our bodies. It is the main reason we become sick. Our immune system is attacked by stress. With Autoimmune Disease our own Immune System attacks itself. This is direct effect of negative stress on our bodies. This class will introduce you to the basics of strengthening your Immune System and removing negativity.

This class is for everyone who suffers from chronic pain. The techniques you will learn will help with acute pain as well. You will learn how to relieve joint and muscle pain, stiffness, swelling and improve your function and strength.

Date: May 22, 2010
Time: 8:30am – 12:30 pm
Location: Hermitage Farm Center for Healing
www.hermitagefarm.org for directions

REGISTRATION FORM

**Autoimmune Disease
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Name _____ Phone _____

Registration Fee: \$40 Make checks payable to Gail Van Kanegan
Send Registration to : Hermitage Farm Center for Healing
6415 West River Road NW
Rochester, MN 55901

Nursing Continuing Education Credits for Minnesota Nurses - CE fee: \$5.00

Reservation deadline May 12. Maximum 25 participants, register early!